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ACADEMY

**PILAT** EUROPE  
Leading a new era of human resources

# Boost Program

SUMMER EDITION 2020

## Cyber Security Package: **Shield**

- ✔ Cyber Fundamentals including Hands-on training
- ✔ Building Secure Applications

# KAÏNA-COM TRAINING CATALOGUE

## Cyber Security Fundamentals including Hands-on

**Hands-on course to provide insights into the modern security environment, the cyber threat landscape and attacker mentality**



## KSE012 – Cyber Security Fundamentals including Hands-on

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**Reference**

KSE012

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**Experience**

- Beginner
  - Intermediate
  - Advanced
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**Duration**

Training Program:  
• 24 hours (4 hours/day)

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**Training Method**

- I: i-learning, individual training (web-based training)
- V: v-learning, virtual class
- C: c-learning, classroom training

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**Prerequisite**

Basic Knowledge of IP Networking

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**Audience**

High level Managers, Presale Managers, IT Managers, QA and Technical Support.

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## KSE012 – Cyber Security Fundamentals including Hands-on, Continued

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### Objective

The main goal of the Cyber security course is to cover some fundamentals cyber security topic, to provide insights into the modern security environment, the cyber threat landscape and attacker mentality, including how attackers work, what tools they use, what vulnerabilities they target and what they're really after.

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## KSE012 – Cyber Security Fundamentals including Hands-on, Continued

### Course Contents

Course Contents :

**Table 1: KSE012 - Course Contents (Day#1)**

Chapter	Description
<b>Introduction to Cyber Security</b>	<ul style="list-style-type: none"> <li>• Hacking History</li> <li>• Cyber Attacks Trends</li> <li>• External and Internal threats</li> <li>• Hackers Types</li> <li>• Threats and attacks</li> <li>• Security Criteria's</li> <li>• Threat Taxonomy Models summary</li> </ul>
<b>Basics of Security Management</b>	<ul style="list-style-type: none"> <li>• Security Layers</li> <li>• Defending concept according OSI Layers</li> <li>• Security modules and functionalities</li> <li>• NAT- Network Address Translation</li> <li>• Firewalls Types</li> <li>• Network Access Control (NAC)</li> <li>• IDS and IPS</li> <li>• Encryption protocols: IPSec, TLS and SRTP</li> <li>• Replay Attacks Protection</li> <li>• Server Hardening</li> </ul>
<b>TCP/IP vulnerabilities</b>	<ul style="list-style-type: none"> <li>• Network Layer (IP) services – 3rd Layer</li> <li>• IP Header Structure</li> <li>• MTU and Fragmentation process</li> <li>• IP Addressing – issues and solutions – ARP, DHCP, NAT</li> <li>• Transportation Layers: TCP, UDP, SCTP</li> </ul>
<b>Introduction to Cryptography</b>	<ul style="list-style-type: none"> <li>• Public and Private keys</li> <li>• Symmetric and Asymmetric encryption keys</li> <li>• DES and Triple DES</li> <li>• AES and RSA methods</li> </ul>

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## KSE012 – Cyber Security Fundamentals including Hands-on, Continued

### Course Contents, continued

**Table 2: KSE012 - Course Contents (Day#2)**

Chapter	Description
<b>Firewall</b>	<ul style="list-style-type: none"> <li>• PFF, Proxy GW, Stateful Inspection</li> <li>• Management menu</li> <li>• Rules and policy</li> </ul>
<b>IPTables Firewall</b>	<ul style="list-style-type: none"> <li>• What is IPTables?</li> <li>• Chains and Chain Policy</li> <li>• Creating Rules and Rules Examples</li> <li>• Connection States</li> <li>• User Defined Chains</li> <li>• Logging Events/Packets</li> <li>• Advanced Examples</li> <li>• Managing IPTables Firewall</li> </ul>
<b>Network and Vulnerabilities Scanning</b>	<ul style="list-style-type: none"> <li>• Basic Scanning Techniques</li> <li>• Discovery Option</li> <li>• Operation System Detection</li> <li>• Nmap Script Engine</li> <li>• Nmap GUI</li> <li>• Vulnerabilities Information Sources</li> <li>• Vulnerabilities Scanners</li> </ul>
<b>Kali Linux</b>	<ul style="list-style-type: none"> <li>• What is Kali Linux?</li> <li>• Some Kali Facts</li> <li>• Installing Kali Linux</li> <li>• Tools Categories</li> <li>• Kali Desktop</li> <li>• Kali Top Tools</li> <li>• Kali Linux Alternatives</li> </ul>
<b>Network Scanning – Hands-on Session</b>	<ul style="list-style-type: none"> <li>• NMAP – Networks Scanning for Topology analysis and network Mapping</li> <li>• OpenVAS for vulnerabilities scanning and analysis</li> </ul>

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## KSE012 – Cyber Security Fundamentals including Hands-on, Continued

**Course Contents, continued**

Chapter	Description
<b>Services inspection – Hands-on</b>	<ul style="list-style-type: none"> <li>• Numbers Harvesting</li> <li>• Conferences eavesdropping</li> <li>• Password capture</li> </ul>
<b>Firewall – Hands-on Session</b>	<ul style="list-style-type: none"> <li>• FW Rules setting</li> <li>• Denial of Service and DDoS attacks</li> <li>• Port scanning and vulnerabilities</li> <li>• Blocking scenarios</li> </ul>

**Table 3: KSE012 - Course Contents (Day#3)**

Chapter	Description
<b>Certificates and Authentication process</b>	<ul style="list-style-type: none"> <li>• Certificates and X.509 ITU-T Standard</li> <li>• HTTP digest authentication</li> <li>• Authentication scheme for a trusted domain</li> <li>• Authentication Challenges</li> </ul>
<b>Penetration Testing</b>	<ul style="list-style-type: none"> <li>• What is Penetration Testing?</li> <li>• Reasons for Pen Testing</li> <li>• Hackers and Pen Testing</li> <li>• Vulnerabilities</li> <li>• What do we test</li> <li>• Pen Testing Phases</li> <li>• Types of Testing</li> <li>• Areas of Penetration Tests</li> <li>• References</li> </ul>
<b>Network Penetration</b>	<ul style="list-style-type: none"> <li>• Hands-on Session</li> </ul>
<b>Wireless Network penetration- Hand-on Session</b>	<ul style="list-style-type: none"> <li>• John the Ripper/Crunch</li> <li>• Brute-force search</li> <li>• Brute-force attack</li> <li>• Password cracking/ WPA2 crack</li> </ul>

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## KSE012 – Cyber Security Fundamentals including Hands-on, Continued

### Course Contents, continued

Chapter	Description
<b>Security Summary</b>	<ul style="list-style-type: none"><li>• Policy enforcement</li><li>• Organization Security personal and hierarchic</li><li>• Chief Information Security Officer – CISO</li><li>• Penetration Tester / Hacker</li><li>• Forensics</li><li>• Information Security Administrator: ISAD</li><li>• Information Security Auditor</li><li>• Application Development Security Expert</li><li>• InfoSec Systems Project Manager</li><li>• InfoSec Incident Expert</li><li>• Physical InfoSec Expert</li><li>• Behavior Analysis Expert and To-Do-List</li></ul>
<b>The End</b>	<ul style="list-style-type: none"><li>• Summary</li><li>• Q&amp;A</li><li>• Evaluation</li></ul>





# KAÏNA-COM TRAINING CATALOGUE

## Building Secure Applications - Advanced

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## KSE011 – Building Secure Applications - Advanced

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**Reference** KSE011

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**Experience**

Beginner  
 Intermediate  
 Advanced

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**Duration** Training Program:  
• 32 hours (4 hours/day)

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**Training Method**

I: i-learning, individual training (web-based training)  
 V: v-learning, virtual class  
 C: c-learning, classroom training

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**Prerequisite** Experience and comprehension of application development

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**Audience** Application developers and Everyone who seeks to better understand how to build Secure Applications.

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## KSE011 – Building Secure Applications - Advanced, Continued

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### Objective

Most of the focus when dealing with security has been on securing the network infrastructure (firewalls, VPNs etc.) and the server OS (e.g. patch management systems). However, in the last few years the focus has shifted to the application layer. This is because infrastructure (network and OS) security has improved significantly while applications have remained vulnerable. The application layer has become the main target of attack, while secure applications have become synonymous with higher quality.

The course covers the different aspects of application security including authentication, authorization, auditing, confidentiality and data-integrity, as well as the different technologies addressing these requirements. It includes the risk analysis model and explains how to use it to analyze the risks associated with application vulnerabilities.

Participants learn how to build secure applications: starting from including security in the application development life cycle and continuing to secure coding practices and security testing tools.

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## KSE011 – Building Secure Applications - Advanced, Continued

### Course Contents Course Contents :

**Table 1: KSE011 - Course Contents**

Chapter	Description
<b>Introduction</b>	<ul style="list-style-type: none"> <li>• The risks caused by unsecure applications: application vulnerabilities and associated threats</li> <li>• Examples of application layer attacks and associated risks</li> <li>• Security infrastructure and how it helps to protect the application</li> </ul>
<b>Encryption and hash functions</b>	<ul style="list-style-type: none"> <li>• Ensure data confidentiality and data integrity</li> <li>• Symmetric encryption <ul style="list-style-type: none"> <li>– Stream encryption algorithms</li> <li>– Block encryption algorithms</li> </ul> </li> <li>• Asymmetric encryption</li> <li>• Message hash functions and HMAC</li> <li>• Digital signatures and digital certificates</li> <li>• How to secure the data</li> <li>• Crypto++ examples</li> <li>• Confidentiality best practices</li> </ul>
<b>Authentication and Identity Management</b>	<ul style="list-style-type: none"> <li>• Passwords including password management</li> <li>• Challenge-resp authentication and tokens</li> <li>• One-time passwords (OTP) and OTP tokens</li> <li>• Smart cards and public key technology</li> <li>• Password storage and management</li> <li>• Brute force and dictionary attacks</li> <li>• Biometric authentication</li> <li>• Two factor authentication</li> <li>• Ticket based authentication</li> <li>• Digital certificates</li> <li>• PKI / PAM / RADIUS / ID Management</li> </ul>

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## KSE011 – Building Secure Applications - Advanced, Continued

**Course  
Contents,  
continued**

Chapter	Description
<b>Application Layer Vulnerabilities</b>	<ul style="list-style-type: none"> <li>• Coding vulnerabilities                             <ul style="list-style-type: none"> <li>– Input validation</li> <li>– Injection attacks</li> <li>– Application layer DoS</li> </ul> </li> <li>• Business logic vulnerabilities</li> </ul>
<b>Input Validation</b>	<ul style="list-style-type: none"> <li>• Server side validation</li> <li>• Client side validation</li> <li>• Input validation using positive security logic</li> <li>• Input validation using negative security logic</li> <li>• Canonicalization and evasion</li> <li>• Injection attacks and countermeasures</li> </ul>
<b>Authorization and Access Control</b>	<ul style="list-style-type: none"> <li>• The principle of least privileges</li> <li>• Access control matrix</li> <li>• Discretionary Access Control (DAC)</li> <li>• Mandatory Access Control (MAC)</li> <li>• Role Based Access Control (RBAC)</li> <li>• Distributed enforcement model with centralized management</li> </ul>
<b>Auditing and Logging</b>	<ul style="list-style-type: none"> <li>• The need</li> <li>• Central logging</li> <li>• Auditing and log analysis</li> </ul>

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## KSE011 – Building Secure Applications - Advanced, Continued

Course  
Contents,  
continued

Chapter	Description
<b>Risk Analysis and Threats</b>	<ul style="list-style-type: none"> <li>• Vulnerability, threat and risk</li> <li>• Risk analysis and risk mitigation</li> <li>• Security risks</li> <li>• Identifying threats</li> <li>• STRIDE threat model and threat modeling</li> <li>• DREAD and risk management</li> <li>• Responding to threats (risk mitigation)</li> </ul>
<b>SDLC – Secure Development Life Cycle</b>	<ul style="list-style-type: none"> <li>• The Methodology</li> <li>• Integrating security requirements</li> <li>• Secure design</li> <li>• Secure coding</li> <li>• Security testing</li> <li>• Security in deployment, support and maintenance</li> <li>• Security policy management</li> </ul>
<b>Secure Design</b>	<ul style="list-style-type: none"> <li>• Guidelines to designing secure applications</li> <li>• Reducing the attack surface</li> <li>• Identifying trusts and secrets</li> </ul>
<b>Threat Modeling and SDLC Tools</b>	<ul style="list-style-type: none"> <li>• Microsoft threat analysis and modeling tool</li> <li>• Pattern and practice check lists</li> <li>• Creating a threat model</li> </ul>

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## KSE011 – Building Secure Applications - Advanced, Continued

**Course  
Contents,  
continued**

Chapter	Description
<b>Application Layer Vulnerabilities</b>	<ul style="list-style-type: none"><li>• Business logic vulnerabilities</li><li>• Coding vulnerabilities</li><li>• Web application vulnerabilities<ul style="list-style-type: none"><li>– Injection attacks</li><li>– Buffer overflow</li><li>– XSS, cross site scripting</li><li>– XSRF, cross site request forgery</li><li>– Application layer DoS and DDoS</li></ul></li></ul>
<b>Web Services Security Standards</b>	<ul style="list-style-type: none"><li>• XML encryption</li><li>• XML digital signatures</li><li>• SAML</li><li>• XCAML</li><li>• Web service security</li></ul>
<b>Secure Communication Protocols</b>	<ul style="list-style-type: none"><li>• SSL</li><li>• IPSec</li></ul>
<b>The End</b>	<ul style="list-style-type: none"><li>• Summary</li><li>• Q&amp;A</li><li>• Course's Evaluation</li></ul>

